

Winter Training Sessions 2009/2010

Thursday training sessions (6.15pm to 7.45pm) continue to be based at Tonbridge School track throughout the season, but from 6th October 2009 to 23rd March 2010 (inclusive) the Tuesday night sessions are split between Judd School and Tonbridge School track. To ensure you end up in same venue as your coach, please refer to the table below.

Judd School - 6.15pm to 7.45pm	
Group	Coach(es)
Distance running squads	Mark Hookway Mike Rowbottom Pete Mason Richard Owen Andy Woods Pete Brenchley Graeme Saker Bill Mutler
9 – 11 year olds	Dawn Hookway

Tonbridge Track – same times as Thursday sessions	
Group	Coach(es)
Sprints & hurdles	Dave Hull Ann Third
Sprints	Iain Presnell
Sprints & Jumps	Mark Omerod
11 – 13 year olds	Chris Hogwood Vicky Thomas
Walking	Pete Selby