

## **National Junior League (under 17 and under 20 age group) – Summer 2010**

The National Junior League is for the under 20 age group primarily, although under 17s also compete in the same events. This does mean that in the throws under 20 weights are used.

The under 20 age group is for those who are under 20 years of age as at 31<sup>st</sup> December 2010. To compete in the league you will also have to be at least 15 years old on 31<sup>st</sup> August 2010.

Tonbridge AC is in the Medway Division, which we have won for the past three seasons.

The other clubs competing in our league are Ashford AC, Bexley, Cambridge Harriers, Croydon, Dartford, Medway & Maidstone, Invicta/Paddock Wood (combined). Eight teams in total make up the division.

First place in the league, over the 4 matches, is invited to a promotion match, at the end of August, for an opportunity to qualify for the top division, the Southern Premier League, which also comprises 8 clubs.

There is a full range of male and female events and non scorers are allowed in all of them. The team for scoring purposes comprises two athletes per event.

National Junior League web site at [www.nationaljuniorathleticleague.co.uk](http://www.nationaljuniorathleticleague.co.uk) includes full event timetable etc.

The Medway Division fixtures are –

Sunday 18 <sup>th</sup> April	at Sutcliffe Park, Lewisham (Cambridge Harriers)
Sunday 23 <sup>rd</sup> May	at Dartford
Sunday 27 <sup>th</sup> June	at Medway Park, Gillingham (Medway & Maidstone)
Sunday 25 <sup>th</sup> July	at Ashford

Sunday 29<sup>th</sup> August at Copthall Stadium, Barnet - Possible Promotion Match

It would really help that, if you think you may be in the NJL team, that you could check your diaries for the dates stated and drop me an email to let me know your availability well in advance, at [markhookway@aol.com](mailto:markhookway@aol.com)

Demand in some events is likely to be quite high and I will have a policy of slightly favouring those who are good at communicating availability etc, as I like to announce the team a week or so in advance of each match. Therefore, if you have an event preference for each meeting it is best to let me know as early as possible.

Best wishes for a good Summer.

Mark Hookway  
Team Manager