

KENT YOUNG ATHLETES LEAGUE -2010

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The Kent young athletes league is open to everyone in the U13 /U15 category whatever your ability. There are specific U11 races as well.

The League is split into Boys and Girls leagues although we all compete on the same day at the same event. The Boys are Champions and the Girls were 3rd in the league last year. There are 6 teams in the boys Div 1 and 5 teams in the girls, Div 1. For the third year we have Div 2 teams as well.

I will start recruiting for the teams two or three weeks before each match, this will be done on Tues /Thurs nights at the track. If I do not find you and you want to compete please come and find me.

Fixtures:

Match 1	11 th April - Sun	Canterbury High School
Match 2	31 st May - Mon	Erith
Match 3	11 th July- Sun	Ashford - Julie Rose
Match 4	8 th Aug- Sun	Norman Park

Travel:

I rely on parents / friends to transport the athletes to these events. There will be minibus available for those that want to, first come, first served! The matches start at 11.30 and finish at approx 17.30. I do like most athletes to arrive by 10.30 / 11.00 to allow for warm ups/ registration / non-attendees. The match fees are £3- payable on arrival.

Maps available at the usual e-mail addresses;

www.aa.co.uk / www.streetmap.co.uk are good ones

Scoring/ non-scoring:

There are A & B string runners in each event and specific non-scoring events also. The U11 races are all track based and no U11 is allowed to compete in field events.

Officials:

Parents are actively encouraged to take part in the officiating of field events, under the guidance of the qualified officials. This is a fun way of involving yourself in your child's athletic life, beware it can become addictive!

General comments:

The Kent league is designed to introduce your child to competitive racing on the track and in the field. I will encourage the children to attempt many events which may not be their preferred event, they may be asked to compete in an event they have never tried before, there may be a budding race walker out there who has never had the opportunity to walk before and end up doing it well. Some of the young athletes who started in the KYAL are now international athletes.

Overall the Kent League is about having fun and learning to enjoy your athletics in a non-threatening but competitive environment, it is also designed to be a good fun day out, for everyone.

Peter Mason, KYAL Team Manager