

100m Time :19:05

Heat:1 Wind : -3.4

1	3	Emily Bowart	Tonbridge AC	U13G	14.90
2	1	Luciana Anderson	Tonbridge AC	U13G	15.48
3	49	Martha Jones	Tonbridge AC	U13G	15.85
4	12	Sebastian Brooks	Tonbridge AC	U17M	16.54
5	14	Harry-Jack Cowie	Blackheath & Bromley AC	U13B	16.80
6	68	Alan Marriott	Tonbridge AC	M75	19.74

100m Time :19:05

Heat:2 Wind : -0.5

1	64	Blye Taylor	Hastings AC	U17M	14.66
2	37	Zachary Trengove	Tonbridge AC	U13B	14.90
3	18	Christian Dolley	Tonbridge AC	U13B	15.00
4	17	Theo Daviron	Tonbridge AC	U13B	15.04
5	35	Denby Timlin	Tonbridge AC	U13B	15.41

100m Time :19:05

Heat:3 Wind : -1.3

1	65	Rosa Pitt	Hastings AC	U17W	13.57
2	41	Tim Carter	Cambridge Harriers AC	M60	14.16
3	8	Eva Timlin	Tonbridge AC	U15G	14.40
4	43	Christopher Griffith	Vets AC	M35	14.42
5	36	George Timlin	Tonbridge AC	U13B	14.81
6	51	Luke Angus	Unattached	U13B	15.08

100m Time :19:05

Heat:4 Wind : 0.7

1	46	Amy Taylor	Tonbridge AC	U17W	13.18
2	57	Tom Lane	Sevenoaks AC	U15B	13.53
3	48	Louise Baldock	Unattached	SW	14.48
4	54	Paul Hellen	Unattached	M50	14.58

100m Time :19:05

Heat:5 Wind : 0.4

1	61	James Sieloff	Newington	U20M	13.19
2	26	Iain Presnell	Ashford AC	M55	13.21
3	42	Jason Cannon	Tonbridge AC	M45	13.31
4	34	George Smith	Unattached	U15B	13.50
5	31	Daniel Persad	Crawley AC	U13B	14.34

100m Time :19:05

Heat:6 Wind : -0.5

1	52	Clayton Gillespie	Cambridge University	U23M	11.53
2	33	Gabriel Roberts	Tonbridge AC	U15B	11.94
3	28	Mark Mcallister	Tonbridge AC	M40	12.23
4	62	Callum Helliwell	Tonbridge AC	U20M	12.29
5	59	William Roud	Tonbridge AC	U20M	12.36
6	23	David Fullbrook	Tonbridge AC	U15B	12.61

100m Time :19:05

Heat:7 Wind : -1.4

1	56	Henry Marshall	Tonbridge AC	U17M	11.60
2	45	Will Martin	Tonbridge AC	U17M	11.67
3	60	Scott Thomson	Tonbridge AC	U17M	11.86
4	40	Shaun Rose	Ashford AC	U17M	12.07
5	58	Robert Henderson	Sevenoaks AC	U17M	12.37
6	63	Matthew Snell	Tonbridge AC	U20M	12.38

100m Time :19:05

Heat:8 Wind : 0.2

1	25	Ernie Lake	Tonbridge AC	U15B	12.47
2	15	Henry-James Cowie	Blackheath & Bromley AC	U15B	12.80
3	9	Anton Bachorski	Tonbridge AC	U15B	13.11
4	2	Simone Baxter	Tonbridge AC	U20W	13.15
5	5	Mia Divito	Hastings AC	U20W	13.70

800m Time :19:50

Heat:1

1	192	Richard Bamford	Tonbridge AC	M40	2:40.90
2	315	Ian Timlin	Unattached	M40	2:43.78
3	6	Liv Keene	Unattached	U13G	2:47.73
4	36	George Timlin	Tonbridge AC	U13B	2:48.60
5	166	Emily Higham	Invicta East Kent AC	U15G	2:49.78
6	17	Theo Daviron	Tonbridge AC	U13B	2:58.85
7	164	Maddy Crabb	Tonbridge AC	U15G	3:01.12
8	14	Harry-Jack Cowie	Blackheath & Bromley AC	U13B	3:13.72
9	29	James Mephram	Tonbridge AC	U13B	3:26.09
10	178	Rebekah Coomber	Eastbourne Rovers	U17W	3:37.47

800m Time :19:50

Heat:2

1	357	Joshua O'Brien	Tonbridge AC	U13B	2:34.01
2	319	Alex Pullman	Tonbridge AC	U15B	2:37.12
3	360	Rebekah O'Brien	Tonbridge AC	U13G	2:38.45
4	113	Cameron Dymond	Tonbridge AC	U13B	2:39.30
5	317	Adrian Wise	Tonbridge AC	U15B	2:42.83
6	53	Charles Griffin	Tonbridge AC	U13B	2:43.49
7	383	Emily Heasman	Invicta East Kent AC	U13G	2:43.61
8	160	Evie Clements	Hastings AC	U13G	2:44.13
9	73	Maisy Smith	Tonbridge AC	U13G	2:45.69
10	4	Georgiana Crawley	Tonbridge AC	U15G	2:47.12

800m Time :19:50

Heat:3

1	353	James Barlow	Unattached	U15B	2:22.03
2	242	Fraser Gordon	Tonbridge AC	U13B	2:24.65
3	196	Ollie Bingham	Tonbridge AC	U15B	2:26.99
4	165	Beth Williams	Thanet Road Runners	U15G	2:27.11
5	69	Annabel Hobday	Kingston and Polytechnic AC	U15G	2:28.01
6	227	James Crombie	Tonbridge AC	U13B	2:28.53
7	345	Matthew Randall	Tonbridge AC	U15B	2:29.60
8	179	Joe Pullman	Tonbridge AC	U13B	2:32.40
9	47	Megan Coffey	Guildford & Godalming	U13G	2:32.52
10	107	Tom Humphrey	Unattached	M50	2:40.02

800m Time :19:50

Heat:4

1	195	Jamie Bingham	Tonbridge AC	U17M	2:23.94
2	182	Katie Burgess	Tonbridge AC	U13G	2:24.23
3	312	Dan Schofield	Tonbridge AC	U15B	2:26.16
4	111	Hannah Cook	Hastings AC	U15G	2:27.35
5	159	Olivia White	Hastings AC	U15G	2:27.39
6	155	Alexandra Millard	Invicta East Kent AC	U15G	2:28.12
7	310	George Rowland	Doncaster AC	U13B	2:29.00
8	70	Polly Pitcairn-Knowles	Tonbridge AC	U17W	2:29.19
9	158	Nicole Edmunds	Hastings AC	U17W	2:31.88
10	157	Josephine Edmunds	Hastings AC	U17W	2:32.51

800m Time :19:50

Heat:5

1	173 Elliot Broad	Medway and Maidstone AC	U17M	2:19.47
2	16 James Crawley	Tonbridge AC	U13B	2:20.55
3	172 Carl Eldred	Medway and Maidstone AC	U17M	2:22.79
4	354 James Stoney	Tonbridge AC	U15B	2:23.80
5	183 Lilly Coward	Invicta East Kent AC	U20W	2:24.34
6	7 Ndidikama Okoh	Chelmsford AC	U13G	2:24.41
7	152 Ellen Brooker	Hastings AC	U17W	2:25.96
8	384 Jamie Thompson	Tonbridge AC	U15B	2:31.51

800m Time :19:50

Heat:6

1	150 Toby Emm	Tonbridge AC	U15B	2:12.40
2	318 Marshall Smith	Ashford AC	U17M	2:14.49
3	381 Andy Howey	Tunbridge Wells Harriers	M50	2:15.46
4	387 Ryan Morrissy	Hastings AC	U15B	2:16.91
5	61 James Sieloff	Newington	U20M	2:18.01
6	169 Kiera Aslett	Hastings AC	U15G	2:18.02
7	342 John Donoghue	Maidstone Harriers	M50	2:22.14
8	153 Becky Smart	Hastings AC	U17W	2:22.95

800m Time :19:50

Heat:7

1	269 Jack Keywood	Tonbridge AC	SM	2:05.24
2	21 Michael Ellis	Tonbridge AC	U20M	2:05.94
3	170 Joe Body	Hastings AC	U17M	2:05.99
4	330 Lewis Smith	Ashford AC	U20M	2:07.18
5	389 Alex Cameron	Dartford Harriers	U20M	2:07.81
6	382 Harry Brown	Tonbridge AC	U17M	2:08.37
7	167 Max Read	Medway and Maidstone AC	U20M	2:08.58

800m Time :19:50

Heat:8

1	313 Harry Spawforth	Guildford & Godalming	U20M	1:56.83
2	24 Alex Hookway	Tonbridge AC	SM	2:03.76
3	171 Aaron Judah	Hastings AC	U17M	2:04.22
4	176 Christian Lee	Tonbridge AC	U17M	2:04.35
5	177 David Stidder	Eastbourne Rovers	U17M	2:04.92
6	71 Stuart Brown	Tonbridge AC	U20M	2:05.93
7	327 Dan Seagrove	Tonbridge AC	U17M	2:08.76

400m Time :20:09

Heat:1

1	55	Amy Taylor	Tonbridge AC	U17W	58.56
2	19	Thomas Draper	Tonbridge AC	U15B	64.40
3	66	Sarah Huxstep	Hastings AC	U17W	65.00
4	380	Daniel O'Brien	Tonbridge AC	U17M	65.55
5	70	Polly Pitcairn-Knowles	Tonbridge AC	U17W	70.55
6	55	Carol Tsang	Tunbridge Wells Harriers	W35	74.05

400m Time :20:09

Heat:2

1	22	Tim Faes	Tonbridge AC	U20M	55.55
2	71	Stuart Brown	Tonbridge AC	U20M	56.18
3	389	Alex Cameron	Dartford Harriers	U20M	56.68
4	21	Michael Ellis	Tonbridge AC	U20M	56.77
5	28	Mark Mcallister	Tonbridge AC	M40	59.03
6	46	Amy Taylor	Tonbridge AC	U17W	59.76

400m Time :20:09

Heat:3

1	20	Kieran Eland	Ashford AC	U20M	51.32
2	322	Max Arzt-Jones	Harrow AC	U20M	52.18
3	32	Tom Richards	Walton AC	SM	53.40
4	24	Alex Hookway	Tonbridge AC	SM	54.78
5	15	Henry-James Cowie	Blackheath & Bromley AC	U15B	54.90
6	59	William Roud	Tonbridge AC	U20M	55.73

200m Time :20:46

Heat:1 Wind : 1.0

1	70	Polly Pitcairn-Knowles	Tonbridge AC	U17W	31.87
2	53	Charles Griffin	Tonbridge AC	U13B	35.03
3	29	James Mepham	Tonbridge AC	U13B	36.73
4	178	Rebekah Coomber	Eastbourne Rovers	U17W	37.07
5	68	Alan Marriott	Tonbridge AC	M75	41.80

200m Time :20:46

Heat:2 Wind : -0.9

1	81	Adrian Paisey	Tunbridge Wells Harriers	M35	29.77
2	47	Megan Coffey	Guildford & Godalming	U13G	31.78
3	35	Denby Timlin	Tonbridge AC	U13B	32.37
4	49	Matha Jones	Tonbridge AC	U13G	33.65
	14	Harry-Jack Cowie	Blackheath & Bromley AC	U13B	DNS

200m Time :20:46

Heat:3 Wind : 0.2

1	69	Annabel Hobday	Kingston and Polytechnic AC	U15G	29.07
2	64	Blye Taylor	Hastings AC	U17M	29.89
3	6	Liv Keene	Unattached	U13G	30.66
4	18	Christian Dolley	Tonbridge AC	U13B	31.08
	4	Georgiana Crawley	Tonbridge AC	U15G	DNS

200m Time :20:46

Heat:4 Wind : -0.4

1	43	Christopher Griffith	Vets AC	M35	29.84
2	8	Eva Timlin	Tonbridge AC	U15G	30.02
3	36	George Timlin	Tonbridge AC	U13B	30.57
4	78	Lucy Thomson	Tonbridge AC	U17W	30.86
	37	Zachary Trengove	Tonbridge AC	U13B	DNS

200m Time :20:46

Heat:5 Wind : -1.7

1	34	George Smith	Unattached	U15B	28.36
2	5	Mia Divito	Hastings AC	U20W	28.88
3	41	Tim Carter	Cambridge Harriers AC	M60	28.90
4	31	Daniel Persad	Crawley AC	U13B	30.34
5	73	Maisy Smith	Tonbridge AC	U13G	33.64

200m Time :20:46

Heat:6 Wind : -0.9

1	65	Rosa Pitt	Hastings AC	U17M	27.65
2	13	Richard Christian	Tonbridge AC	M50	28.10
3	16	James Crawley	Tonbridge AC	U13B	28.36
4	7	Ndidikama Okoh	Chelmsford AC	U13G	29.00
5	72	Alex Freeman	Tonbridge AC	U13B	31.18

200m Time :20:46

Heat:7 Wind : -0.2

1	327 Dan Seagrove	Tonbridge AC	U17M	25.80
2	75 Glenn Cooper	Hastings AC	M35	25.84
3	80 Graham Langham	Unattached	M50	26.13
4	67 Jazmin Clark	Hastings AC	U17W	27.85
5	9 Anton Bachorski	Tonbridge AC	U15B	29.66

200m Time :20:46

Heat:8 Wind : -1.0

1	71 Stuart Brown	Tonbridge AC	U20M	25.51
2	15 Henry-James Cowie	Blackheath & Bromley AC	U15B	25.67
3	382 Harry Brown	Tonbridge AC	U17M	25.68
4	23 David Fullbrook	Tonbridge AC	U15B	25.70
	28 Mark Mcallister	Tonbridge AC	M40	DNS

200m Time :20:46

Heat:9 Wind : -1.1

1	62 Callum Helliwell	Tonbridge AC	U20M	24.79
2	24 Alex Hookway	Tonbridge AC	SM	25.15
3	59 William Roud	Tonbridge AC	U20M	25.54
4	21 Michael Ellis	Tonbridge AC	U20M	26.62
5	19 Thomas Draper	Tonbridge AC	U15B	27.49

200m Time :20:46

Heat:10 Wind : -1.2

1	56 Henry Marshall	Tonbridge AC	u17m	22.99
2	79 Matthew Atkin	University of West England	U20M	23.05
3	76 Michael West	Hastings AC	SM	23.05
4	77 Jason Jeffery	Hastings AC	SM	23.79
5	74 Dan Gill	Medway and Maidstone AC	U23M	23.89

1500m Time :21:06

Heat:1

1	195	Jamie Bingham	Tonbridge AC	U17M	4:57.79
2	386	Maia Hardman	Brighton Phoenix	U15G	5:00.58
3	180	Lara Atkinson	Cambridge Harriers AC	U15G	5:01.72
4	190	Kirandeep Marsh	Tonbridge AC	U20W	5:10.52
5	341	Olukorede Fasina	Bexley AC	U13B	5:13.34
6	388	Amy Brooks	Medway and Maidstone AC	U20W	5:16.30
7	187	Holly Gordon	Tonbridge AC	U17W	5:26.78
8	181	Emily Blount	Southampton AC	U15G	5:29.70
9	189	Emilia Hope	Tonbridge AC	U17W	5:32.57
10	191	Madeleine Wise	Tonbridge AC	U13G	5:33.60
11	1	Luciana Anderson	Tonbridge AC	U13G	5:36.23
12	315	Ian Timlin	Unattached	M40	5:42.86
13	187	Holly Gordon	Tonbridge AC	U17W	6:00.70

1500m Time :21:06

Heat:2

1	197	Daniel Bradley	Tonbridge AC	SM	4:19.79
2	391	Dominic O'Mahoney	Invicta East Kent AC	M40	4:19.96
3	394	Harry Paton	Tonbridge AC	SM	4:20.11
4	199	Lloyd Collier	Tunbridge Wells Harriers	M40	4:28.17
5	311	Jordan Saul	Tonbridge AC	SM	4:29.50
6	396	Darrell Smith	Sevenoaks AC	M45	4:32.74
7	385	Connor Burford	Dartford Harriers	U20M	4:34.58
8	393	George Pool	Hastings AC	U15B	4:36.06
9	174	Sophie Mansfield	Brighton Phoenix	U20W	4:38.91
10	395	Oscar Hussey	Blackheath & Bromley AC	U17M	4:40.56
11	390	Lola Wheeler	Medway and Maidstone AC	U17W	4:57.52
	175				DNF