

Southern Men's League: Ashford, 1st May 2010

	A String			B String		
100m	1	Ben Kiely	11.46	3	Chris Ford	11.78
200m	4	Ben Kiely	23.22	4	Chris Ford	23.82
400m	1	Steve Tester	51.11	5	Dan Bradley	55.10
800m	3	Dan Bradley	2:03.94	3	Tom Cox	2:06.89
1500m	1	Steve Fennell	4:07.49	3	James Taylor	4:16.22
5000m		No Athlete			No Athlete	
110mH	4	Aaron Waterman	21.50	3	Ben Stone	21.66
400m H	2	Jack Parsons	57.74	1	Aaron Waterman	63.72
3000m S/C	4	James Taylor	11:14.37	4	Ben Stone	13:12.25
4x100m relay	4					45.39
4x400m relay	2	Fennell, Cox, Bradley, Tester				3:34.65
Hammer	5	Dave Cross	29.71	4	Pete Ebbage	23.79
Long Jump	2	Chris Ford	6.55	2	Ben Kiely	5.95
Pole Vault	2	Tadgh Healy	3.70	1	Ben Stone	3.40
Shot Putt	5	Dominik Sadowski	9.92	5	Pete Ebbage	7.36
High Jump	2	Ben Stone	1.70	1=	Tadgh Healy	1.55
Javelin	1	Dominik Sadowski	65.79	4	Pete Ebbage	29.70
Triple Jump	5	Ben Kiely	11.87	3	Ben Stone	11.08
Discus	5	Pete Ebbage	24.19	5	Dave Cross	12.66

	Team Scores	points
1	Reading	120
2	Met Police	114
3	Ashford	111.5
4	Tonbridge	100.5
5	Luton	83