

National Junior League – Match 1, Sutcliffe Park, 18th April 2010

Men	A String			B String		
100m	5	Tadgh Healy	11.6		No athlete	
200m		No athlete			No athlete	
400m	1	James Wildish	50.61	3	Alex Hookway	54.02
800m	2	James Pigot	02:05.70	2	Cameron Knapp	02:11.87
1500m	2	James Taylor	04:12.66	1	Tom Cox	04:15.22
3000m	1	Robbie Farnham-Rose	08:55.13	1	Luca Russo	09:02.48
110mH	2	Neil Woodfine	16.7		No athlete	
400m H	2	Neil Woodfine	62.98		No athlete	
2000m S/C		No athlete			No athlete	
4x100m relay	7	Woodfine, Wildish, Healy, Knapp				47.5
4x400m relay	5	Hookway (55.2), Knapp (58.8), Russo (59.1), Wildish (53.9)				3:46.94
Hammer	1	Jonny Hinton	39.05	2	Ben Stone	13.35
Long Jump	2	Tadgh Healy	6.17	3	Cameron Knapp	4.61
Pole Vault	1	Tadgh Healy	3.50	1	Ben Stone	3.05
Shot Putt	6	Jonny Hinton	9.82		No athlete	
High Jump	4	Ben Stone	1.70	3	Neil Woodfine	1.65
Javelin		No athlete			No athlete	
Triple Jump	4	Neil Woodfine	10.96		No athlete	
Discus	4	Jonny Hinton	34.58	2	Ben Stone	20.60

Ladies	A String			B String		
100m	2	Gemma Smith	13.11	4	Lucy Thrush	14.13
200m	3	Gemma Smith	26.71	4	Nicky Dobra	30.16
400m	5	Maisie Farndon	65.45		No athlete	
800m	3	Jess Owen	02:25.03	2	Lucy Blackstone	02:32.27
1500m	1	Pandora Banbury	04:55.98	2	Catherine Symons	05:10.54
3000m		No athlete			No athlete	
100mH	3	Ruth Woodfine	19.74	2	Lucy Dos Santos	21.72
400mH		No athlete			No athlete	
4x100m relay	4	Farndon, Thrush, Stone, Smith				52.54
4x400m relay	4	Owen (62.7), Farndon (67.2), Blackstone (66.2), Symons (65.4)				4:21.5
Hammer		No athlete			No athlete	
Long Jump	2	Emily Sone	4.90	1	Ruth Woodfine	4.44
Pole Vault		No athlete			No athlete	
Shot Putt	4	Lucy Blackstone	6.00	3	Maisie Farndon	4.81
High Jump	5	Emily Sone	1.45	3	Nicky Dobra	1.35
Javelin		No athlete			No athlete	
Triple Jump	3	Ruth Woodfine	9.49	2	Nicky Dobra	8.39
Discus	5	Jess Owen	19.75		No athlete	

Non-scoring

1500m	Ryan Driscoll	04:22.31
3000m	Jamie Bryant	09:40.03
3000m	Jack Keywood	09:50.63
3000m	Alex Norden	10:23.98
4 x 100m relay	Dobra, Woodfine, Dos Santos, Blackstone	57.55
Long Jump	Nicky Dobra	?

Team	Score
Medway & Maidstone AC	454
Cambridge Harriers	390
Tonbridge AC	359
Ashford AC	311
Bexley AC	205
Invicta/Paddock Wood	199
Dartford Harriers	185
Croydon Harriers	109