

Southern Womens League Division 1 – Match 4, Abingdon, 25th July 2009

U13/U15	A String			B String		
100m	4	Tilly Russell	13.7	4	Ella Farndon	16.4
200m	4	Jayne Mallyon	29.4	1	CharlotteCohen	29.5
800m	1	Jayne Mallyon	2.31.0	1	CharlotteCohen	2.33.6 PB
1500m	1	Alice Wood	5.13.1		No Athlete	
75mH	1	Tilly Russell	12.3	3	Luise Scott	16.5
Long Jump	2	Tilly Russell	4.42	4	Ella Farndon	2.47
Shot Putt	2	Catherine Cotterill	7.8	1	Luise Scott	6.4
High Jump	4	Alice Wood	1.2		CharlotteCohen	nhr
Javelin	2	Luise Scott	15.61	2	Catherine Cotterill	14.92
Discus	1	Catherine Cotterill	21.53	2	Ella Farndon	14.08
4x100m relay	4	TR/EF/CC/JM	58.7			

Seniors	A String			B String		
100m	2	Vikki Bradford	13.4	1	Sam Clark	13.9
200m	2	Hannah Tolhurst	27.2	2	Lucy Reid	28.8
400m	1	Bradford	60.7	1	Jess Owen	61.7
800m	1	Lucy Reid	2.22.9	1	Dunia Pavlovic	2.23.7
1500m	2	Abblie Shepherd-Barron	4.57.5	1	Petra Pavlovic	5.14.1
3000m	2	Vicky Rukin	11.30.7	1	Kelsey Howard	11.33.4 PB
80mH (U17)	1	Sam Clark	15.1		Lucy Saker	16.0 PB
100mH	4	Jess Owen	23.7	1	No Athlete	
300m H (U17)	1	Sam Clark	54.3			
400mH	3	Lucy Saker	77.8	3	Steph Rukin	87.8
Hammer	4	Steph Clark	26.57	2	Steph Rukin	20.52
Long Jump	2	Abblie Shepherd-Barron	4.58	1	Hannah Tolhurst	4.55
Pole Vault	2	Steph Rukin	2	1	Lucy Saker	1.90 PB
Shot Putt	3	Steph Clark	6.97	1	Hannah Tolhurst	6.8
High Jump	3	Abblie Shepherd-Barron	1.45	2	Emily Symons	1.4
Javelin	2	Isobel Truman	20.52	1	Steph Rukin	19.84
Triple Jump		No Athlete			No Athlete	
Discus	3	Jess Owen	21.73	3	Isobel Truman	15.26
4x100m relay	2	HT/SC/VB/LR	54.1			
4x400m relay	1	D Pavlovic (62.4), Owen (61.7), Tolhurst (63.4), Bradford (62.5)	4.10.2			

Non Scoring

4x400 relay	Reid (65.2), P Pavlovic (65.0), Symons (67.5), Saker (69.0)	4:26.7
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Teams	
Tonbridge	159
Ipswich	156
Havant	137
Radley	95