

South of England Championships, Watford  
Saturday/Sunday 20<sup>th</sup>/21<sup>st</sup> June 2009

U20 and Senior

UNDER 20 WOMEN				
		Position	Heat	Final
400m	Vikki Bradford		60.92	
1500m	Grace Nicholls	4		4:31.64 PB
5k Walk	Kelsey Howard	1		26:05.41 <b>CBP</b>

UNDER 20 MEN				
		Position	Heat	
1500m	Kurt Wolfe		4:04.13	
1500m	Andy Combs	6	4:00.75	3:56.24 PB

SENIOR MEN					
		Position	Heat	Semi-final	Final
800m	Ben Wiffen	1	1:59.59	1:54.71	1:50.61
1500m	Dan Bradley		4:10.72 PB		
400m H	Chris Wakeford		57.83		

U15/U17 3000m

UNDER 15 BOYS				
		Position	Final	
3000m	Charlie Joslin-Allen	2	9:41.25 PB	

UNDER 17 MEN				
		Position	Final	
3000m	Robbie Farnham-Rose	9	9:02.73 PB	
3000m	Luca Russo	11	9:09.27 PB	