

Southern Men's League: Newham, 16th May 2009

	A String			B String		
100m	5	Ben Kiely	11.43	2	Chris Wakeford	11.7
200m	5	Ben Kiely	23.7	3	Stuart Hollins	23.4
400m	4	Steve Tester	51.9		No athlete	
800m	1	Ben Wiffen	1:54.9	3	Kurt Wolfe	2:02.0
1500m	1	Ben Wiffen	4:03.4	1	Dan Bradley	4:15.2
5000m	5	Graeme Saker	16:32.4		No athlete	
110mH	3	Jack Parsons	19.3		No athlete	
400m H	4	Jack Parsons	62.0		No athlete	
3000m S/C	3	Kurt Wolfe	10:31.7	1	Simon Fraser	10:41.2
4x100m relay	2	Parsons, Hollins, Wakeford, Kiely				45.5
4x400m relay		No team				
Hammer	5	Alex Hookway	17.72		No athlete	
Long Jump	5	Ben Kiely	5.84	4	Stuart Hollins	5.44
Pole Vault		No athlete				
Shot Putt	4	Dominik Sadowski	10.90	3	Chris Wakeford	10.30
High Jump		No athlete				
Javelin	1	Dominik Sadowski	60.57	3	Chris Wakeford	35.09
Triple Jump	5	Ben Kiely	11.86	4	Stuart Hollins	11.45
Discus	5	Alex Hookway	23.63		No athlete	

	Team Scores	points
1	Victoria Park	125
2	Reading	108
3	Luton	104
4	Newham & EB	99
5	Tonbridge	72