

Southern Womens League Division 1 – Match 1, Bournemouth, 25th April 2009

U13/U15	A String			B String		
100m	3	Tilly Russell	14.4	4	Ella Farndon	15.8
200m	3	Emily Stone	29.9	3	Charlotte Cohen	30.1
800m	1	Pandora Banbury	2:31.2	1	Katie Humphrey	2:36.0
1500m	1	Alice Wood	5:09.2 debut	1	Jayne Mallyon	5:37.8
75mH	2	Tilly Russell	12.9	1	Louise Springham	13.5 debut
Long Jump	3	Katie Humphrey	3.63	3	Ella Farndon	3.32
High Jump	3	Emily Stone	1.41 PB	4	Pandora Banbury	1.20 PB
Shot Putt	2	Catherine Cotterill	6.82	3	Jayne Mallyon	4.61 debut
Javelin	2	Nicole Taylor	15.32 debut	1	Catherine Cotterill	13.95
Discus	1	Catherine Cotterill	22.57	2	Ella Farndon	13.74
4x100m relay	3	TR/ES/CC/LS	57.5			

Seniors	A String			B String		
100m	4	Lauren Warner	14.4	3	Yuna Murayama	14.1
200m	3	Yuna Murayama	31.1	3	Lauren Warner	30.1
400m	2	Jess Owen	61.5	1	Hannah Tolhurst	63.5
800m	2	Dunia Pavlovic	2:24.7	1	Petra Pavlovic	2:26.1
1500m	2	Catherine Symons	5:11.2	1	Vicky Rukin	5:19.2
3000m	1	Pippa Blackstone	11:42.4 CR	1	Diane Osborn	11:57.1
80mH (U17)	3	Lauren Warner	16.4	2	Lucy Saker	16.7
100mH		No athlete			No athlete	
300m H (U17)	3	Lucy Saker	54.0 debut		No athlete	
400mH	2	Steph Rukin	87.2 PB		No athlete	
Long Jump	4	Hannah Tolhurst	4.82	1	Yuna Murayama	4.65 debut
High Jump	4	Emily Symons	1.40		No athlete	
Triple Jump		No athlete			No athlete	
Pole Vault	1	Steph Rukin	2.20 PB	1	Lucy Saker	1.70 PB
Shot Putt	4	Steph Clark	6.83	2	Steph Rukin	6.61
Javelin	3	Steph Rukin	21.44	2	Jess Owen	19.25
Discus	3	Jess Owen	21.19	4	Vicky Rukin	12.60
Hammer	2	Steph Clark	27.57	2	Steph Rukin	23.00
4x100m relay	4	HT/LW/YM/LS	58.1			
4x400m relay	1	CS/JO/PP/ES	4:32.4			

Non-scoring	U13/U15	
800m	Nicole Taylor	2:37.6
800m	Sian Driscoll	2:42.6
800m	Louise Springham	2:46.6 PB

Teams	
Tonbridge AC	141
Eastbourne/Hastings	138
Bournemouth AC	127.5
Victoria Park & Tower Hamlets	116.5