

National Junior League – Match 1, Tonbridge, 19th April 2009

Men	A String			B String		
100m	5	Chris Ford	11.6	1	Ben Kiely	11.4
200m	6	Chris Ford	24.4	1	Ben Keily	23.2
400m	2	Finlay Third	53.5	1	James Wildish	53.2
800m	2	Alex Hookway	02:00.9	2	Angus Butler	02:05.1
1500m	2	Kurt Wolfe	04:10.4	1	Robbie Farnham-Rose	04:12.1
3000m	1	Andy Combs	08:47.2	1	James Taylor	09:18.5
110mH	1	Jack Parsons	17.4		No athlete	
400m H	1	Jack Parsons	60.00		No athlete	
2000m S/C	2	Josh Bentham	06:30.0	1	Seb Harding	06:37.5
4x100m relay	3	Higgs, Hollins, Fellows, Kiely				46.7
4x400m relay	2	Hookway (54.0), Wolfe (53.3), Wildish (53.2), Third (53.7)				3:34.6
Hammer		No athlete			No athlete	
Long Jump	4	Chris Ford	5.78	3	William Towner	3.36
Pole Vault	1	Jesper Hallberg	3.52	1	Chris Peers	3.35
Shot Putt		No athlete			No athlete	
High Jump	4	Dominic Ford	1.65	3	Luke Abrahams	1.50
Javelin	5	Michael Mason	26.15	4	Luke Abrahams	24.56
Triple Jump	2	Ben Kiely	12.01	1	Tom Higgs	11.57
Discus		No athlete			No athlete	

Ladies	A String			B String		
100m	3	Helen Rennardson	13.0	5	Sabrina Nixon	14.7
200m	4	Hannah Tolhurst	27.6	4	Lauren Warner	29.8
400m	1	Vikki Bradford	61.3	1	Sophie Regis	62.0
800m	2	Jess Owen	02:21.7	1	Lucy Reid	02:23.7
1500m	2	Dunia Pavlovic	05:03.8	2	Lucy Blackstone	05:20.4
3000m	1	Vicky Rukin	11:29.2		No athlete	
100mH	1	Hermione Plumtre	17.5	1	Helen Rennardson	18.3
400mH	2	Hermione Plumtre	71.8		No athlete	
4x100m relay	2	Rennardson, Bradford, Tolhurst, Plumtre				52.0
4x400m relay	1	Regis (62.1), Owen (60.3), Tolhurst (62.2), Bradford (61.5)				4:06.1 CR
Hammer	3	Vikki Bradford	10.81		No athlete	
Long Jump	3	Hannah Tolhurst	4.72	2	Nicky Dobra	4.37
Pole Vault		No athlete			No athlete	
Shot Putt	5	Sabrina Nixon	5.76	5	Olivia Stirrat	5.70
High Jump	2	Abblie Shepherd-Barron	1.51	2	Nicky Dobra	1.35
Javelin	2	Olivia Stirrat	27.93	3	Isobel Truman	20.79
Triple Jump	3	Nicky Dobra	8.34		No athlete	
Discus	5	Jess Owen	19.08	3	Isobel Truman	15.11

Non-scoring

100m	Joe Fellows	13.1
100m	William Towner	13.7
200m	Stuart Hollins	23.5
200m	Joe Fellows	27.1
400m	Sam Button	54.1
1500m	Jack Keywood	4:35.8
3000m	Luca Russo	9:21.3
2000m S/C	Will Mitham	6:46.9

2000m S/C	Ryan Driscoll	7:07.2
Pole Vault	Luke Abrahams	2.40
800m	Petra Pavlovic	2:24.0
4 x 100m relay	Nixon, Warner, Regis, Dobra	58.8?
4 x 400m relay	Holmes (60.4), Reid (63.2), P Pavlovic (62.7) Warner (67.2)	4:13.5
Long Jump	Nicky Dobra	4.14

Team	Score
Tonbridge AC	490.5
Medway & Maidstone AC	450.5
Cambridge Harriers	399.5
Invicta/Paddock Wood	357
Ashford AC	349
Croydon Harriers	93
Dartford Harriers	92.5
Bexley AC	41