

[Norman Fowler Memorial Open Meeting - Tonbridge 13th April 2009](#)

Long Jump Female all ages

No.	Forename	Surname	Club	Age	Distance
260	Megan	Edwards	Dartford Harriers AC	U20W	NJ
224	Amy	Underdown	Medway & Maidstone AC	U20W	5.00
58	Scarlett	Mann	Invicta East Kent AC	U17W	4.99
56	Tilly	Russell	Tonbridge AC	U15G	4.75
185	Sophie	Ayre	Medway & Maidstone AC	U15G	4.72
23	Jessica	Moore	Blackheath & Bromley AC	U15G	4.65
13	Joanne	Regan	Walton AC	W40	4.65
294	Catherine	Shin	East Grinstead AC	U20W	4.59
8	Emily	Stone	Tonbridge AC	U15G	4.52
22	Yuna	Murayama	Tonbridge AC	U17W	4.48
136	Tessa	Martin	East Grinstead AC	U17W	4.43
97	Nadine	Terry	Medway & Maidstone AC	U20W	4.41
265	Nicky	Dobra	Tonbridge AC	U17W	4.40
62	Francesca	Baylis	Medway & Maidstone AC	U17W	4.30
278	Shanique	Joseph	Bexley AC	U17W	4.11
60	Katie	Garland	Hastings AC	U13G	3.93
297	Luise	Scott	Tonbridge AC	U15G	3.79
270	Gemma	Francis	East Grinstead	U13G	3.73
273	Simone	Baxter	Sevenoaks AC	U13G	3.63
31	Rachel	Lageretabua	Paddock Wood AC	U13G	3.57
274	Christelle	Baxter	Sevenoaks AC	U13G	3.51
83	Rhiannon	Wallwork	Swale Combined	U13G	3.50
299	Blanca	Woodman	Tonbridge AC	U13G	3.29
124	Natasha	Hawksworth	Sevenoaks AC	U13G	3.26
80	Charlotte	Cohen	Tonbridge AC	U15G	2.74
46	Hannah	Czarnowski	Tonbridge AC	U13G	2.73

Long Jump Male all ages

No.	Forename	Surname	Club	Age	Distance
139	Matt	Morsia	Ashford AC	SM	6.80
152	Dwyte	Smith	Ashford AC	U20M	6.57
73	Paul	Slater	Bexley AC	SM	6.20
72	Chris	Wakeford	Tonbridge AC	SM	6.20
175	Callum	Barling-Jeffery	Invicta East Kent AC	U20M	5.11
75	Thomas	Howlett	Medway & Maidstone AC	U15B	4.97
176	Lewis	Woodgate	Invicta East Kent AC	U17M	4.61
179	Robert	Hammond	Dartford Harriers AC	U17M	4.59
42	Samuel	Garland	Hastings AC	U15B	4.40
24	Joseph	Millman	Dartford Harriers AC	U13B	4.35
180	Samuel	Burdett	Medway & Maidstone AC	U15B	4.26
36	Harry	Kendall	Tonbridge AC	U13B	4.21
78	Alex	Law	Haverling Mayesbrook AC	U13B	4.20
81	Casey	Johnson	Dartford Harriers AC	U13B	4.07
202	Lewis	Heffernan	Medway & Maidstone AC	U13B	3.89

Long Jump U11 Boys & Girls

No.	Forename	Surname	Club	Age	Distance
50	Milly	Cavanagh	City of Portsmouth AC	U11G	3.83
268	Lucy	Elfion Jones	Tonbridge AC	U11G	3.46
228	Kerrie	Johnson	Medway & Maidstone AC	U11G	3.22
222	Alice	Ralph	Paddock Wood AC	U11G	3.17
30	Una	Lageretabua	Paddock Wood AC	U11G	3.10
32	Calum	Laing	Tonbridge AC	U11B	3.48
11	Gary	Smart	Team Southampton	U11B	3.28
96	Jack	Zijdenbos	Sevenoaks AC	U11B	3.15
27	Cameron	McAllister	Tonbridge AC	U11B	2.98
7	James	Tindall	Dartford Harriers AC	U11B	2.81

High Jump Female all ages

No.	Forename	Surname	Club	Age	Height
352	Poppy	Lake	Basildon AC	U15G	1.55
97	Nadine	Terry	Medway & Maidstone AC	U20W	1.55
87	Isobel	Brown	Chichester runners AC	U15G	1.45
249	Annie	Waghorn	Medway & Maidstone AC	U17W	1.45
62	Francesca	Baylis	Medway & Maidstone AC	U17W	1.45
93	Natalie	Woodhouse	Southend-on-Sea AC	U17W	1.45
346	Sophie	Millett	Chichester runners AC	U20W	1.45
54	Joanna	Wykes	East Grinstead AC	SW	1.40
60	Katie	Garland	Hastings AC	U13G	1.40
39	Caroline	Hatley	Ashford AC	U17W	1.40
58	Scarlett	Mann	Invicta East Kent AC	U17W	1.40
185	Sophie	Ayre	Medway & Maidstone AC	U15G	1.35
8	Emily	Stone	Tonbridge AC	U15G	1.35
265	Nicky	Dobra	Tonbridge AC	U17W	1.35
250	Nicola	Keegan	Medway & Maidstone AC	U17W	1.35
150	Lucy	Saker	Tonbridge AC	U17W	1.30
276	Teresa	Eades	Dartford Harriers AC	W50	1.30
124	Natasha	Hawksworth	Sevenoaks AC	U13G	1.20
48	Olivia	Connor	Lewes AC	U13G	1.15

High Jump Male all ages

No.	Forename	Surname	Club	Age	Height
360	Aaron	Barham	Dartford Harriers AC	U17M	NHR
151	Matthew	Smiley	Ashford AC	SM	1.80
120	Jack	Fox	Dartford Harriers AC	U20M	1.75
75	Thomas	Howlett	Medway & Maidstone AC	U15B	1.60
358	Dominic	Ford	Tonbridge AC	U17M	1.60
106	Gary	Capon	Dartford Harriers AC	M40	1.55
176	Lewis	Woodgate	Invicta East Kent AC	U17M	1.55
122	Jesper	Hallberg	Tonbridge AC	U17M	1.50
15	Jordan	Redjep	Newington	U17M	1.50
157	Ben	Stone	Tonbridge AC	U17M	1.50
311	Nick	Armstrong	Bexley AC	U15B	1.45
84	Lewis	Church	Sevenoaks AC	U13B	1.40
36	Harry	Kendall	Tonbridge AC	U13B	1.40
272	Jacob	Lane	Medway & Maidstone AC	U15B	1.35
86	Toby	Redman	Tonbridge AC	U13B	1.10

Triple Jump Male & Female all ages

No.	Forename	Surname	Club	Age	Distance
296	Lawrence	Harvey	Trafford AC	SM	14.73
152	Dwyte	Smith	Ashford AC	U20M	13.97
139	Matt	Morsia	Ashford AC	SM	13.68
345	Peter	Henworth	Hastings AC	U20M	12.96
120	Jack	Fox	Dartford Harriers AC	U20M	12.87
38	Patrick	Hillyer	Kingston AC & Polytechnic Ha	U20M	12.20
15	Jordan	Redjep	Newington	U17M	12.08
260	Megan	Edwards	Dartford Harriers AC	U20W	10.80
294	Catherine	Shin	East Grinstead AC	U20W	10.25
58	Scarlett	Mann	Invicta East Kent AC	U17W	10.10
136	Tessa	Martin	East Grinstead AC	U17W	9.96
342	Kirsty	Shepherd	Basildon AC	U20W	9.90
74	Claire	Capon	Dartford Harriers AC	SW	9.34
42	Samuel	Garland	Hastings AC	U15B	8.88

Pole Vault Male & Female all ages

No.	Forename	Surname	Club	Age	Height
341	Kjell	Folkesson	Tonbridge AC	U17M	NHR
344	Wayne	Martin	Hastings AC	M45	NHR
343	Brian	Slaughter	Eastbourne AC	M50	NHR
292	Cameron	Walker-Shepherd	Bristol and West AC	U20M	4.30
285	Christpher	Pilling	Lewes AC	U20M	4.15
345	Peter	Henworth	Hastings AC	U20M	4.15
122	Jesper	Hallberg	Tonbridge AC	U17M	3.40
168	Luke	Williams	Paddock Wood AC	SM	3.20
157	Ben	Stone	Tonbridge AC	U17M	3.20
335	Alan	Hardy	Blackheath & Bromley AC	SM	2.80
324	Paul	Keepax	Unatt	SM	2.60
339	Naomi	Lee	Lewes AC	U15G	2.40
346	Sophie	Millett	Chichester runners AC	U20W	2.40
106	Gary	Capon	Dartford Harriers AC	M40	2.20
48	Olivia	Connor	Lewes AC	U13G	2.10
286	Claudette	Povey	Lewes AC	U20W	2.10
276	Teresa	Eades	Dartford Harriers AC	SW	2.10
3004	Stephanie	Rukin	Tonbridge AC	U20W	2.10

Discus Female all ages

No.	Forename	Surname	Club	Age	Distance
225	Lucy	Underdown	Medway & Maidstone AC	U20W	42.60
305	Helen	Daniel	Cambridge Harriers AC	W45	30.90
197	Louisa	James	Hastings AC	U17W	30.70
315	Sophie	Baggs	Havering Mayesbrook	U17W	28.30
156	Anna	Stevens	Team Southampton	U20W	28.04
239	Gemma	Brown	Dartford Harriers AC	U15G	27.78
293	Katie	Dolan	Dartford Harriers AC	SW	27.41
121	Nicola	Gregory	Bexley AC	U15G	26.61
233	Shelley	Wilson	Havering Mayesbrook AC	U17W	24.24
212	Catherine	Cotterill	Tonbridge AC	U15G	24.00
63	Anna	Alvarez	Invicta East Kent AC	U15G	23.76

340	Charlotte	Burnett	Invicta East Kent AC	U20W	16.64
209	Sarah	Shepherd	Paddock Wood AC	U17W	16.49
316	Ervin	Baggs	Havering Mayesbrook	U15B	16.32
77	Ella	Farndon	Tonbridge AC	U13G	15.50
291	Vicky	Silk	Ashford AC	U20W	15.23
231	Catherine	Northridge	Tonbridge AC	U13G	12.32
155	Jennifer	Stevens	Tonbridge AC	U13G	12.19
52	Lauren	Best	Newington	U15G	11.96
270	Gemma	Francis	East Grinstead	U13G	11.37

Discus Male all ages

No.	Forename	Surname	Club	Age	Distance
218	Tim	Billings	Dartford Harriers AC	U17M	NT
107	David	Coleman	Cardiff AC	SM	49.76
149	Sam	Ridgway	Marshal Milton Keynes	U17M	36.55
232	Jack	McNaught	Ashford AC	U20M	35.87
234	Danny	Wilson	Havering Mayesbrook AC	U15B	34.5
154	Matthew	Stevens	Tonbridge AC	U15B	29.37
275	Blake	Robinson	Ashford AC	U17M	26.97
183	Michael	Bale	Haywards Heath Harriers	M50	26.9
198	Robert	James	Hastings AC	U15B	26.31
90	Munro	Third	Tonbridge AC	U15B	25.49
196	Vince	Day	Newington	SM	24.94
78	Alex	Law	Havering Mayesbrook AC	U13B	24.86
200	Richard	Scoones	Swale Combined	M40	20.72
3011	Kevin	Burnett	Striders of Croydon	M65	19.45
24	Joseph	Millman	Dartford Harriers AC	U13B	19.23
133	Mike	Lillis	Newington	SM	17.46

Hammer Female all ages

No.	Forename	Surname	Club	Age	Distance
197	Louisa	James	Hastings AC	U17W	52.78
74	Claire	Capon	Dartford Harriers AC	SW	31.89
117	Elizabeth	Duffin	Paddock Wood AC	SW	29.25
229	Stephanie	Clark	Tonbridge AC	U23W	29.10
156	Anna	Stevens	Team Southampton	U20W	28.79
138	Hannah	McGarty	East Grinstead AC	SW	25.08
3004	Stephanie	Rukin	Tonbridge AC	U20W	23.42

(3kg)

Hammer Male all ages

No.	Forename	Surname	Club	Age	Distance
188	Tom	Parker	Tonbridge AC	U15B	NT
149	Sam	Ridgway	Marshal Milton Keynes	U17M	53.41
14	Ryan	Redman	Tonbridge AC	U17M	50.05
194	Jake	Haylock	Blackheath & Bromley AC	U20M	47.28
110	Dave	Cross	Tonbridge AC	M50	36.74
189	Jon	Hinton	Tonbridge AC	U17M	35.39
183	Michael	Bale	Haywards Heath Harriers	M50	33.19
110	Dave	Cross	Tonbridge AC	SM	32.81
200	Richard	Scoones	Swale Combined	M40	24.49

Club record

Javelin Female all ages

No.	Forename	Surname	Club	Age	Distance
349	Jo	Blair	Unatt	SW	44.51
224	Amy	Underdown	Medway & Maidstone AC	U20W	31.09
63	Anna	Alvarez	Invicta East Kent AC	U15G	24.35
293	Katie	Dolan	Dartford Harriers AC	SW	24.09
117	Elizabeth	Duffin	Paddock Wood AC	SW	23.23
62	Francesca	Baylis	Medway & Maidstone AC	U17W	20.36
211	Hannah	Searing	Dartford Harriers AC	U15G	19.82
58	Scarlett	Mann	Invicta East Kent AC	U17W	18.66
291	Vicky	Silk	Ashford AC	U20W	17.05
340	Charlotte	Burnett	Invicta East Kent AC	U20W	16.84
31	Rachel	Lageretabua	Paddock Wood AC	U13G	16.75
155	Jennifer	Stevens	Tonbridge AC	U13G	13.37

Javelin Male all ages

No.	Forename	Surname	Club	Age	Distance
282	Craig	Lacy	Cambridge Harriers AC	U20M	58.89
282	Craig	Lacy	Cambridge Harriers AC	SM	55.43
154	Matthew	Stevens	Tonbridge AC	U15B	52.75
218	Tim	Billings	Dartford Harriers AC	U17M	48.42
357	Daniel	Shaw	Unatt	U20M	46.85
72	Chris	Wakeford	Tonbridge AC	SM	44.90
14	Ryan	Redman	Tonbridge AC	U17M	35.16
1	Oliver	Woodham	Medway & Maidstone AC	U15B	31.74
9	Charles	Spence	Tonbridge AC	U15B	29.02
163	Jordan	Wall	Paddock Wood AC	U17M	27.40
36	Harry	Kendall	Tonbridge AC	U13B	24.26
353	James	Nichols	Blackheath & Bromley AC	U15B	20.00
336	Kevin	Burnett	Striders of Croydon	M65	15.84
161	Harry	Tindall	Dartford Harriers AC	U13B	7.70

Club Record

Shot Putt Female all ages

No.	Forename	Surname	Club	Age	Distance
225	Lucy	Underdown	Medway & Maidstone AC	U20W	12.97
224	Amy	Underdown	Medway & Maidstone AC	U20W	9.55
156	Anna	Stevens	Team Southampton	U20W	9.48
121	Nicola	Gregory	Bexley AC	U15G	9.15
293	Katie	Dolan	Dartford Harriers AC	SW	8.95
211	Hannah	Searing	Dartford Harriers AC	U15G	7.84
302	Jade	Knight	Paddock Wood AC	U17W	7.12
117	Elizabeth	Duffin	Paddock Wood AC	SW	6.77
155	Jennifer	Stevens	Tonbridge AC	U13G	6.13
291	Vicky	Silk	Ashford AC	U20W	5.87
231	Catherine	Northridge	Tonbridge AC	U13G	4.75

Shot Putt Male all ages

No.	Forename	Surname	Club	Age	Distance
218	Tim	Billings	Dartford Harriers AC	U17M	13.68
232	Jack	McNaught	Ashford AC	U20M	11.88
14	Ryan	Redman	Tonbridge AC	U17M	11.08
154	Matthew	Stevens	Tonbridge AC	U15B	10.92
149	Sam	Ridgway	Marshal Milton Keynes	U17M	10.90
90	Munro	Third	Tonbridge AC	U15B	9.93
163	Jordan	Wall	Paddock Wood AC	U17M	9.49
196	Vince	Day	Newington	SM	9.08
73	Paul	Slater	Bexley AC	SM	8.86
200	Richard	Scoones	Swale Combined	M40	7.97
133	Mike	Lillis	Newington	SM	7.29
161	Harry	Tindall	Dartford Harriers AC	U13B	3.73