

Lee Valley Open Meeting Saturday 4th April 2009

400m

Name	Age	Time	Comment
Finlay Third	U17M	52.66	PB
Simon Tinsley	U20M	49.51	PB - equals 49.5 hand-timed CR

400m H

Name	Age	Time	Comment
Finlay Third	U17M	59.27	PB
Megan Southwart	U20W	65.69	2 nd claim – debut at U20, 2.21 secs inside existing Club record

100m H

Name	Age	Time	Comment
Megan Southwart	U20W	16.00	2 nd claim - debut at U20