

English National Cross Country Championships
at Parliament Hill Fields, North London, 21st February 2009

Under 13 Boys	Name	Time	Comment
8	Sean Molloy	12.09	
15	Corey De'ath	12.22	
22	Hanro Rossouw	12.28	
71	Alex Kidd	13.04	
72	Tim Faes	13.05	Best ever run
129	Ben Chapman	13.31	
134	Rory Wilson	13.34	
145	William Whitmore	13.40	Best ever run
155	William Seymour	13.45	TAC debut
207	Will Scott	14.13	
241	Luke Gunter	14.31	
339	Ross Miles	16.28	

Team 2nd of 42 teams. 356 finishers. Winner ran 11.46. **Silver medals**

Under 15 Boys	Name	Time	Comment
7	Robbie Farnham-Rose	15.44	
15	Luca Russo	16.01	
34	Jamie Bryant	16.35	Best ever run
67	Ryan Driscoll	17.01	
108	Jack Keywood	17.33	
112	Henry Kinnersley	17.36	
170	Alexis Parrinder-Nicholls	18.11	Best ever run
200	Nick Taylor	18.30	
210	Felix Harding	18.33	
211	Christian Kinnersley	18.35	
255	Andrew Thomas	18.58	
282	Alex Norden	19.16	

Team 1st of 47 teams. 398 finishers. Winner ran 15.26. **English National Champions**

Under 17 Men	Name	Time	Comment
9	Andy Combs	20.50	
12	Seb Harding	21.04	Best run of the season.
24	Josh Bentham	21.26	
66	James Pigot	22.14	
68	Will Mitham	22.18	
119	Tom Cox	23.16	Best ever run
189	Paul Southall	24.27	
214	Henry Thomas	24.57	
Did not finish	James Cotterill	n.a.	Fell and twisted ankle

Team 3rd of 27 teams. 285 finished. Winner ran 19.55 **Bronze medals**

Under 20 Men	Name	Time	Comment
65	Sam Bradley	38.22	
92	Kurt Wolfe	39.31	
112	Chris Kiely	40.34	
135	James Darby	42.15	
144	Jon Undy	43.21	

Team 11th of 14 teams. 173 finished. Winner ran 34.09

n.b. Harry Paton ran for Newcastle University and finished 63rd in 38.15

Senior Men	Name	Time	Comment
77	Huw Evans	42.14	
146	Graeme Saker	44.12	Best run of the season
280	Dan Bradley	46.47	
375	Simon Fraser	48.00	
583	Richard Owen	51.01	
807	Andy Wood	54.16	

Team 33rd of 112 teams. 1455 finished. Winner ran 38.02

n.b. TAC 2nd claim athletes - 49th Will Levett 41.27, 65th Julian Rendall 42.00, 84th Ben Reynolds 42.22

Under 13 Girls	Name	Time	Comment
49	Alice Wood	13.53	
129	Katie Humphrey	14.35	
130	Sian Driscoll	14.36	Lost a shoe in mud.
194	Catherine Northridge	15.08	
214	Amy Wolstenholme	15.17	Best run of the season
249	Otilie Swift	15.47	
287	Lucy Roud	16.27	

Team 19th of 35 teams, 354 finishers. Winner ran 12.37.

Under 15 Girls	Name	Time	Comment
50	Lucy Blackstone	16.27	
72	Nicole Taylor	16.43	Best run of the season
78	Nicola Wilkinson	16.48	
126	Jayne Mallyon	17.26	Best ever run

Team 7th of 32 teams, 315 finishers. Winner ran 13.57

Under 17 Girls	Name	Time	Comment
26	Abblie Shepherd-Barron	21.40	
27	Lucy Reid	21.45	Best run of the season
48	Petra Pavlovic	22.29	Best run of the season
51	Vicky Rukin	22.38	
53	Megan Brickell	22.43	Pulled calf
95	Jess Owen	23.50	
104	Lucy Saker	24.02	
138	Hope Simpson	25.17	

Team 3rd of 13 teams, finishers. Winner ran 18.30. **Bronze medals**

Under 20 Women	Name	Time	Comment
48	Catherine Symons	21.51	

109 finishers. Winner ran 17.56

Senior Ladies	Name	Time	Comment
271	Pippa Blackstone	40.13	
393	Val Evans	44.28	Achilles issues
Did not finish	Deirdre McDermot	n.a.	

545 finishers. Winner ran 29.34