

## 28 June 2008: Southern Men's League - Chelmsford

EVENT	"A" STRING			"B" STRING		
Pole Vault	2 <sup>nd</sup>	Will Jones	3.4	4 <sup>th</sup>	Pete Ebbage	1.5
High Jump	5 <sup>th</sup>	Chris Ford	1.65	5 <sup>th</sup>	Martyn Ormerod	1.7
Hammer	1 <sup>st</sup>	Paul Dawson	38.54	2 <sup>nd</sup>	Ciaran Clemmow	34.6
Long Jump	1 <sup>st</sup>	Martyn Ormerod	6.54	3 <sup>rd</sup>	Chris Ford	5.73
400m Hdls	3 <sup>rd</sup>	Jack Parsons	59.9	1 <sup>st</sup>	Ryan Waterman	59.6
100m	4 <sup>th</sup>	Chris Ford	11.5	5 <sup>th</sup>	Martyn Ormerod	11.5
800m	2 <sup>nd</sup>	Kurt Wolfe	1.59.3	4 <sup>th</sup>	Dan Bradley	2.04.5
Javelin	1 <sup>st</sup>	Dominic Sadowski	57.07	1 <sup>st</sup>	Martyn Ormerod	53.28
Shot		Paul Dawson	NT	3 <sup>rd</sup>	Ciaran Clemmow	11.02
5000m	3 <sup>rd</sup>	Simon Fraser	16.30.2	2 <sup>nd</sup>	Will Levett	15.18.2
Triple Jump	4 <sup>th</sup>	Martyn Ormerod	12.31	2 <sup>nd</sup>	Steve tester	11.21
400m	5 <sup>th</sup>	Steve Tester	51.4	4 <sup>th</sup>	Alex Hookway	52.9
110m Hdls	1 <sup>st</sup>	Ryan Waterman	20.3	1 <sup>st</sup>	Jack Parsons	18.1
200m	4 <sup>th</sup>	Simon Tinsley	23.7	5 <sup>th</sup>	Martyn Ormerod	24.1
Discus	3 <sup>rd</sup>	Paul Dawson	33.15	4 <sup>th</sup>	Martyn Ormerod	25.83
1500m	3 <sup>rd</sup>	Isaac Harland	4.17.7	3 <sup>rd</sup>	Nick James	4.20.8
4 x 100m	5 <sup>th</sup>	CF, MO, CL, ST	45.6			
3000m S/C	1 <sup>st</sup>	Chris Kiely	10.03.0	1 <sup>st</sup>	Julian Rendall	9.53.3
4 x 400m	4 <sup>th</sup>	AH, ST, CL, KW	3.35.0			

Team Result	
Chelmsford	131
Reading	117
<b>Tonbridge</b>	<b>108</b>
N & EB	98.5
Kent AC	71

League Table	Pts
Yeovil AC	19
Cambridge H	19
Bournemouth	19
Exeter	17
Havering Mayesbrook AC	17
<b>Tonbridge AC</b>	<b>16</b>
Portsmouth	16
Reading AC	16
Highgate Harriers	14
Ashford AC	13
Nene Valley H	13
Serpentine AC	12
Newbury	12
Woking	12
North Devon AC	11
Chelmsford	11
TVH	10
W'ford Green & Essex Ladies	9
Winchester	9
Kent AC	7
Swindon Harriers	7
Marshall Milton Keynes	6
Newham & Essex Beagles	6
Ipswich Harriers	5
Windsor Slough & Eton Hounslow	4