

## NJAL - MEDWAY DIVISION 25/05/2008 - FEMALE RESULTS

A String						
Pos	Club	Athlete	Perf	Grade	Pts	

### 100m

1	2	Natoya Sylva	BXL	12.6	G2	11
2	3	Kate Laidlow	CBG	13.0	G3	9
3	5	Chantelle Clare	DTF	13.1		8
4	8	Emma Jahn (U17)	TBG	13.6		7
5	1	Fay Govett (U17)	ASH	14.0		6
6	6	Catherine Wearing	M&M	14.2		5

### 200m

1	3	Tamara Ashay	CBG	25.6	G2	11
2	4	Odette Campbell	CRD	25.7	G2	9
3	5	Chantelle Clare	DTF	26.1	G3	8
4	6	Yasmin Joseph	M&M	26.5	G3	7
5	2	Natoya Sylva	BXL	26.6	G3	6
6	8	Emma Jahn (U17)	TBG	27.5		5
7	1	Kim Smith (U17)	ASH	28.1		4

### 400m

1	3	Kate Laidlow	CBG	59.5	G3	11
2	6	Yasmin Joseph	M&M	61.0		9
3	8	Vikki Bradford (U17)	TBG	61.2		8
4	5	Melissa Benavente (U17)	DTF	64.2		7
5	1	Paige Giboin (U17)	ASH	64.5		6
6	2	Chloe Slater (U17)	BXL	72.0		5

### 800m

1	1	Briony Walsh	ASH	2:23.3		11
2	5	Nadine Terry	DTF	2:24.0		9
3	88	Jess Owen (U17)	TBG	2:25.8		8
4	7	Sarah Shepheard (U17)	PDW	2:37.9		7
5	3	Rebecca Mulvaney (U17)	CBG	2:51.3		6

### 1500m

1	88	Vicky Rukin (U17)	TBG	5:21.4		11
2	1	Isabel Dickinson (U17)	ASH	6:12.7		9

### 3000m

1	8	Megan Brickell (U17)	TBG	10:35.8	G3	11
2	3	Roas Sampson-Gorski	CBG	11:49.0		9
3	7	Sarah Shepheard (U17)	PDW	11:59.8		8

B String						
Pos	Club	Athlete	Perf	Grade	Pts	

1	88	Sam Clark (U17)	TBG	14.0		9
2	55	Kayleigh Saward	DTF	14.4		7
3	11	Amy Oliver (U17)	ASH	14.4		6
4	33	Lacara Daley (U17)	CBG	14.6		5

1	66	Viki Randall	M&M	25.9	G2	9
2	55	Nadine Terry	DTF	26.5	G3	7
3	88	Tamara Denn (U17)	TBG	27.5		6
4	11	Briony Walsh	ASH	27.7		5
5	33	Beckie Powell (U17)	CBG	27.8		4

1	88	Sophie Regis (U17)	TBG	62.3		9

1	8	Catherine Symons	TBG	2:26.6		9
2	11	Isabel Dickinson (U17)	ASH	2:59.5		7

1	8	Rachael Salway	TBG	5:29.7		9

1	88	Clemmie Swift (U17)	TBG	12:12.8		9

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### 100m HURDLES

1	3	Jessica Clarke (U17)	CBG	15.3	G3	11
2	5	Natasha Clare (U17)	DTF	18.3		9
3	7	Alice Campbell	PDW	18.6		8
4	8	Lucy Saker (U17)	TBG	20.7		7

### 400m HURDLES

1	6	Viki Randall	M&M	69.0	G3	11
2	3	Jessica Clarke (U17)	CBG	75.6		9
3	8	Lucy Saker (U17)	TBG	76.2		8

### HIGH JUMP

1	5	Nadine Terry	DTF	1.55		11
2	4	Odette Campbell	CRD	1.50		9
3	8	Lucy Saker (U17)	TBG	1.40		8
4	33	Jessica Clarke (U17)	CBG	1.35		7

### POLE VAULT

1	1	Emmeline Rendell	ASH	2.85	G3	11
2	8	Steph Rukin (U17)	TBG	2.00		9

### LONG JUMP

1	6	Amy Underdown	M&M	5.10	G2	11
2	3	Sylvia Obobo	CBG	4.37		9
3	7	Alice Campbell	PDW	4.13		8
4	5	Kayleigh Saward	DTF	4.02		7
5	8	Vikki Bradford (U17)	TBG	3.99		6
6	1	Amy Oliver (U17)	ASH	3.72		5

### TRIPLE JUMP

1	4	Odette Campbell	CRD	10.04		11
2	33	Charlotte Lucas (U17)	CBG	9.77		9
3	6	Jade Mahoney (U17)	M&M	9.67		8
4	7	Alice Campbell	PDW	8.83		7
5	8	Tamara Denn (U17)	TBG	7.92		6

B String						
Pos	Club	Athlete		Perf	Grade	Pts


1	88	Steph Rukin (U17)	TBG	95.8		9

1	88	Emma Jahn (U17)	TBG	1.35		9

1	11	Kara Gibbs	ASH	2.40		9

1	55	Natasha Clare (U17)	DTF	4.01		9
2	66	Jade Mahoney (U17)	M&M	4.01		7
3	88	Steph Rukin (U17)	TBG	3.68		6
4	33	Holly Ware (U17)	CBG	3.58		5

1	3	Sylvia Obobo	CBG	9.66		9
2	77	Sarah Shepherd (U17)	PDW	8.47		7

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B String					
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### SHOT PUTT

1	6	Lucy Underdown	M&M	12.88	G1	11
2	3	Anesa Wanagho (U17)	CBG	10.74	G2	9
3	5	Rosalind Seeley	DTF	9.58	G3	8
4	2	Donna Kent	BXL	9.37	G3	7
5	1	Emma-Jayne Standeven (U17)	ASH	9.32	G3	6
6	8	Loisa Woods (U17)	TBG	7.14		5

1	66	Amy Underdown	M&M	8.76	G3	9
2	55	Rebecca Francis	DTF	7.20		7
3	88	Steph Clark	TBG	6.24		6
4	11	Kim Smith (U17)	ASH	5.76		5

### DISCUS

1	6	Lucy Underdown	M&M	42.51	G1	11
2	5	Rosalind Seeley	DTF	39.84	G1	9
3	1	Emma-Jayne Standeven (U17)	ASH	32.11	G2	8
4	8	Louisa Woods (U17)	TBG	23.89		7
5	3	Anesa Wanagho (U17)	CBG	21.59		6
6	2	Donna Kent	BXL	19.09		5
7	7	Alice Campbell	PDW	17.91		4

1	33	Dannielle Phillip	CBG	20.34		9
2	88	Jess Owen (U17)	TBG	19.72		7
3	55	Kayleigh Saward	DTF	13.82		6

### JAVELIN

1	6	Amy Underdown	M&M	29.54	G3	11
2	55	Rebecca Francis	DTF	26.18		9
3	77	Alice Campbell	PDW	19.02		8
4	3	Anesa Wanagho (U17)	CBG	18.59		7
5	88	Molly Steward (U17)	TBG	15.18		6
6	1	Isabel Dickinson (U17)	ASH	10.92		5

1	5	Rosalind Seeley	DTF	25.83		9
2	8	Steph Clark	TBG	13.72		7
3	11	Emmeline Rendell	ASH	10.18		6

### HAMMER

1	2	Donna Kent	BXL	47.86	G1	11
2	8	Steph Clark	TBG	28.78		9
3	5	Chantelle Clare	DTF	18.77		8
4	3	Holly Ware (U17)	CBG	17.04		7

1	22	Chloe Slater (U17)	BXL	21.69		9
2	88	Louisa Woods (U17)	TBG	18.92		7
3	55	Melissa Benavente (U17)	DTF	10.39		6

### 4x100m RELAYS

1	3	Cambridge Harriers	Lacara Daley (U17), Jessica Clarke (U17), Tamara Ashay, Kate Laidlow	52.0		11
2	8	Tonbridge AC	Sam Clark (U17), Tamara Denn (U17), Emma Jahn (U17), Sophie Regis (U17)	52.3		9
3	5	Dartford Harriers	Nadine Terry, Chantelle Clare, Natasha Clare (U17), Kayleigh Saward	53.8		8
4	1	Ashford AC	Amy Oliver (U17), Paige Giboin (U17), Fay Govett (U17), Kara Gibbs	56.0		7

### 4x400m RELAYS

1	8	Tonbridge AC	Vikki Bradford (U17), Catherine Symons, Sophie Regis (U17), Jess Owen (U17)	4:09.0		11
2	1	Ashford AC	Briony Walsh, Fay Govett (U17), Paige Giboin (U17), Kim Smith (U17)	4:25.0		9
3	5	Dartford Harriers	Natasha Clare (U17), Chantelle Clare, Melissa Benavente (U17), Rebecca Francis	4:28.7		8