

26 April 2008: Women's Southern League - Kingston

Event	U15 A string	Position	Perf.	U15 B string	Position	Perf.	Comments
100m	YUNA MURAYAMA	4TH	14.3	TILLY RUSSELL	3RD	14.5	Club Debut ?
200m	YUNA MURAYAMA	5TH	30.3				
800m	ELLEN HOLMES	1ST	2 23.5				
1500m	PANDORA BANBURY	1ST	5 10.9	LUCY BLACKSTONE	1ST	5 16.7	Pandora PB by 12 seconds
75m Hurdles	TILLY RUSSELL	1ST	13.2	PANDORA BANBURY	3RD	17.3	
4x100m	TILLY RUSSELL						
	LUCY BLACKSTONE						
	YUNA MURAYAMA						
	ELLEN HOLMES	3RD	57.4				
Long Jump	YUNA MURAYAMA	2ND	4.40m				
High Jump	PANDORA BANBURY	5TH	1.05m	ELLEN HOLMES	N/H		
Shot Putt	CATHERINE COTTERILL	4TH	6.51m	KATHRYN MASON	1ST	6.09m	Kathryn PB
Javelin	KATHRYN MASON	5TH	13.05m	CATHERINE COTTERILL	3RD	9.27m	
Discus	CATHERINE COTTERILL	3RD	18.60m	KATHRYN MASON	3RD	13.75m	
Event	Seniors A String	Position	Perf.	Seniors B String	Position	Perf.	Comments
100m	HAYLEY LEADBATER	4TH	15.1				Club Debut ?
200m	HAYLEY LEADBATER	8TH	31.7	SAM CLARK	4TH	29.4	
400m	JESS OWEN	2ND	63.2				
800m							
1500m	VICKY RUKIN	5TH	5 29.5				
3000m	DIANE BRADLEY	4TH	12 13.0	PIPPA BLACKSTONE	1ST	12 33.6	Both Di and Pippa broke the club record
80m Hurdles	SAM CLARK	4TH	16.3	LUCY SAKER	1ST	16.5	Debut for both Lucy and Sam at this distance
100m Hurdles							
300m Hurdles - U17 ONLY	SAM CLARK	3RD	53.8				Sam - Debut
400m Hurdles							
4x100m	STEPH RUKIN						
	SAM CLARK						
	DIANE BRADLEY						
	LUCY SAKER	6TH	59.4				
4x400m	HAYLEY LEADBATER						
	JESS OWEN						
	LUCY SAKER						
	VICKY RUKIN	5TH	4 51.5				
Long Jump	VICKY RUKIN	6TH	3.15m	STEPH RUKIN	6TH	3.70m	
High Jump	LUCY SAKER	5TH	1.30m				Lucy PB
Triple Jump	STEPH CLARK	8TH	6.54m				
Pole Vault	STEPH RUKIN	2ND	1.90m				
Shot Putt	STEPH CLARK	6TH	6.59m	STEPH RUKIN	6TH	5.92m	
Javelin	JESS OWEN	4TH	19.18m	MOLLY STEWARD	3RD	12.03m	
Discus	JESS OWEN	4TH	21.16m	MOLLY STEWARD	6TH	11.11m	
Hammer	STEPH CLARK	2ND	27.79m	DIANE CLARK	4TH	14.92m	

Team	Match Points
St Mary,s	625.5
Haywards Heath AC	455
Croydon Harriers	439.5
East Grinstead AC	435
Tonbridge AC	383
Redhill & Surrey Beagles AC/ Dorking & Mole Valley	259
Paddock Wood AC	188
Hercules Wimbledon AC	159
Lewes AC	77
Swale Combined AC	44
Chiltern Harriers	15